



## **HIV and Older Adults: Prevention, Care and Support** *AN ONLINE WORKSHOP FOR HEALTHCARE & OTHER PROFESSIONALS*

**When: Monday, October 16<sup>th</sup> to Sunday, November 12<sup>th</sup>, 2017 (4 weeks) ONLINE weekly at your discretion**  
**Cost: \$240 (Students \$120) Registration Deadline: Monday, October 9, 2017**  
**This workshop will be offered only if there is sufficient enrolment.**

### **Course Objectives:**

This workshop will provide information and strategies to help health and social service providers:

- Understand and respond confidently to the health and social needs of clients aging with HIV
- Identify and connect older adults living with or vulnerable to HIV to relevant services
- Challenge myths and misconceptions about aging, HIV and sexuality

### **Outline:**

#### **Week 1: Understanding HIV and Applying an Aging Lens**

- HIV basics: The virus, routes of transmission, risk factors, testing and diagnosis
- Thirty years later: The impact of the early days of HIV in Canada on people, policy and practice
- Challenging definitions: How do we define 'older adulthood' in the context of HIV?
- By the numbers: A demographic overview of people aging with HIV in Canada

#### **Week 2: Reducing HIV Risk among Older Adults**

- HIV prevention: Strategies available in 2017
- Myths and misconceptions: Challenging common beliefs about older adults, HIV, and risk
- At the intersection: Understanding the impact of ageism and HIV stigma on HIV vulnerability
- The Talk: Having meaningful, respectful conversations about sexuality with older persons

#### **Week 3: Social Determinants of Health, HIV and Older Adults**

- Exploring the social determinants of health that shape the lives of older adults living with or vulnerable to HIV, including: social support; employment and financial security; health literacy and access to care; gender and culture

#### **Week 4: HIV as a Complex Chronic Condition**

- Stronger Together: Co-managing multimorbidity, episodic disability and polypharmacy in HIV and aging
- Beyond the physical: The impact of HIV and aging on mental and cognitive health
- Finding the way: Navigating the health and social care systems to meet complex needs

**Instructor:** Kate Murzin, MPH, Health Programs Specialist, *Realize* (formerly the Canadian Working Group on HIV and Rehabilitation)

Registration and payment available online at [www.aging.utoronto.ca](http://www.aging.utoronto.ca)