



Practical Management of Challenging Behaviors in Older Adults

AN ONLINE WORKSHOP FOR HEALTHCARE & OTHER PROFESSIONALS

When: Monday January 15th to Sunday February 12th, 2018 (4 weeks) ONLINE weekly at your discretion

Cost: \$240 (Students \$120) Registration Deadline: Monday, January 8, 2018

This workshop will be offered only if there is sufficient enrolment.

Course Objectives:

- To gain familiarity with dementia, delirium and distinguishing the similarities and differences between the illnesses
- To understand common Behavioral and Psychological Symptoms of Dementia (BPSD) and the pharmacological and non-pharmacological treatment
- To gain familiarity with common Mental Illnesses and disorders affecting older adults
- To be able to understand screening and assessment tools used to help guide intervention
- To introduce the role of Mental Health legislation and community support

Outline:

Week 1: Introduction to Dementia, Delirium and Behavioral and Psychological Symptoms of Dementia (BPSD)

- What are the some of the various types of dementia
- Case examples from practice
- How to distinguish between Dementia and Delirium which are often misinterpreted for each other
- What are Behaviours and Psychological Symptoms of Dementia (BPSD)
- Examples of common forms of BPSD
- Helpful tips to consider when working with individuals who have BPSD

Week 2: Introduction to Mental Illness in Older Adults

- What are common types of Mental Illness in older adults
- Examples of Mood Disorders (Depression and Bipolar Affective Disorder)
- Examples of Psychotic disorders (Schizophrenia, Schizoaffective disorder)
- Other illnesses: Generalized Anxiety Disorder, Personality disorder, Hoarding Disorder
- Management of Mental Illness: Pharmacological and behavioural approaches
- Suicide risk and screening

Week 3: Screening and assessment tools for Persons with Challenging Behaviors

- What are common treatment/assessment frameworks used to identify causes to behavior
- What are various screening and assessment tools utilized by professionals
- The five main categories for these assessments (Delirium, Pain, Cognition, Mood, Behavioral observation)
- A description of each tool and instructions on administering them

Week 4: Community Support and Mental Health Legislation in Ontario

- What is Ontario Mental Health Legislation and what is the role of legislation
- What is a Form 1, Form 2, Community Treatment Order and Police involvement
- An overview of available resources for older persons and their care providers in the City of Toronto
- What are resources available across the Province of Ontario to support older persons and their caregivers

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Registration and payment available online at www.aging.utoronto.ca